



Dear Parents and Carers

24<sup>th</sup> April 2024

This is an important letter to advise you that a number of children within our school have been sent home suffering with vomiting and/or diarrhoea, and that we also have a number of children absent from school with similar symptoms.

It is vital if diarrhoea and vomiting illness is currently present in the community that we work in partnership together to reduce the risk and spread of the infection.

What are the symptoms?

- Diarrhoea and vomiting usually lasting 1 -2 days

What should you do if your child is unwell?

- Make sure they get lots of rest.
- Ensure they drink plenty of fluids, taking sips rather than gulps to avoid vomiting.
- Give infant Paracetamol or Ibuprofen, according to product instructions, to help keep their temperature down.
- If your child is unusually sleepy, won't take fluids or has other symptoms, such as blood in their diarrhoea, an unusual rash, headache, neck stiffness or difficulty breathing, ring NHS 111, contact your GP or take your child to hospital.

Please ensure that you keep your child at home if your child has been suffering from diarrhoea and/or vomiting until they have been free of symptoms for 48 hours.

School will be implementing our deep clean procedures and infectious disease control procedures with immediate effect.

Thank you in anticipation of your cooperation with this matter.

Kind regards

*E A Richardson*

Liz Richardson  
Headteacher