

Freshfield Nursery School

Sun Care Policy

Rationale:

Freshfield Nursery School is committed to ensuring that all children are fully protected from the dangers of too much sun. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

In order to promote sun safety parents/carers are requested to note that:

- It is their responsibility to apply sun block cream prior to the start of Nursery School sessions (as required).
- Children may have their own sun block cream named and dated with prior consent (completed during the admission process) for staff to apply.
- Children may have sun cream provided by school applied with prior consent (completed during the admission process).
- Children need light weight cotton clothing suitable for the sun, with long sleeves and full length trousers if prone to sunburn.
- Children should bring a sun hat into school.

Whilst at Nursery School:

- Children will wear a sun hat when outside on hot and sunny days, provided by parents.
- Children will have sun cream applied as agreed with parents before going outside and at frequent intervals during the day as required on hot days (written consent from parents required).
- Children are encouraged to drink cooled water more frequently throughout the day.
- Children will be made aware of the need for sunhats, sun block cream and the need to drink more fluids during their time in the sun.

Staff will:

- Make day-to-day decisions about the length of time spent outside dependent on the strength of the sun. Staff will avoid taking the children out between 11:15 am – 2:00 pm (when the sun is at its most intense) on very hot days.
- Staff will encourage children to seek shade from the trees in leaf around the nursery garden. Staff will also cover some areas to create dens that will offer shade so that children are able to cool down or escape the sun should they wish or need to. Children are able to go indoors at all times.

Asian and Black Skin Types

- Children with Asian and Black skin colouring can have skin which is tolerant to sunshine. However, it is important to remember that burning can still occur, and follow the guidance above.

Links to other policies, procedures & guidance: <ul style="list-style-type: none">• Safeguarding• Health & Safety	
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Where Agreed	Governing Body Meeting
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