




# Local support services

We all struggle at times and reaching out for help and support is nothing to be embarrassed by. If you need help right now, we hope the following services may be able to support you.







## Find your nearest...

	<b>Food bank</b>	Address St. martin's Church Norris Bank Stockport SK4 2JG	Opening times Monday - 13:00pm - 15:00pm Thursday - 13:00pm - 15:00pm  07483 115349
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	<b>Family hub</b>	Address 23, High Street Stockport SK1 1EG	Opening times  0161 477 0606
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	<b>Families information service</b>	Address	Opening times  0161 217 6028
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	<b>Citizens advice bureau</b>	Address Ground floor Fred Perry House Edward St Stockport, SK1 3XE	Opening times 09:00am - 17:00pm  0300 330 9075
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	<b>Library</b>	Address Thornfield Road Heaton Moor Stockport SK4 3LD	Opening times 10:00am - 18:00pm  0161 217 6009
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	<b>Other local support</b>		
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