

Nature School Information for Parents/Carers

Freshfield Nursery School, 42 Mauldeth Rd, Stockport SK4 3NB, 0161 442 6944

What is Nature School?

Nature School is an inspirational process that offers all learners regular opportunities to achieve and develop confidence and self-esteem through hands on learning experiences in a natural environment.

Our Nature School

The children will visit Nature School once a week with the Nature School Lead in their key groups, unless we are using tools or having a fire when there will also be another member of staff present. We aim to provide opportunities to develop independence and self-esteem. The children work together, developing relationships and a sense of belonging. We also aim to encourage the children to take managed risks within the boundaries of safety.

What will happen during a Nature School session?

Greeting

We gather as a group and discuss previous and current Nature school sessions before getting ready for Nature School. We encourage the children to get themselves ready for Nature School, putting on waterproof clothes when necessary. On the way to Nature School we observe any interesting features as we sing a little song.

Activity

Once there, we gather as a group and have our snack and warm drink (or cold if it's hot). After this we introduce an activity or game which follows the children's interests from previous sessions.

Benefits of Nature School

Children benefit greatly from being outdoors in a natural environment. As it is a group activity they communicate and socialise naturally with each other as they explore the environment. Observing wildlife and their surroundings helps them develop an empathy for others and nature. As we explore the environment the children will gain the physical and mental health benefits of being outside. Learning by experience and being exposed to manageable risks is also hugely beneficial to children's growing self-esteem and confidence.

If you would like further information about Nature School please feel free to speak to Helen McDonald. (Outdoor Learning Lead)

Typical Activities

Cooking on the campfire



Using tools



Making dens



Observing nature



Being creative



Exploring our environment



Building relationships



Exploring weather and seasons

