



September 2023

Are you struggling with your child's sleep, toileting or behaviour? Do you need advice on speech and language?

Startwell's next Top Tips week are fast approaching 2nd – 5th October 2023

This forms part of Start Well's **universal virtual offer** for families with children pre-birth - 5 years (some sessions are for children up to age of 10)

The sessions are live, offering advice and tips on supporting all aspects of a child's development and school readiness.

In Stockport we are committed to supporting children's speech, language and communication development as this is the foundation for better outcomes in later life. We have added Greater Manchester's 10 Top Tips to Talking to this timetable.

Families can book on via the Start Well website

<https://www.startwellstockport.co.uk/latest-news-and-events/> or through our facebook page <https://www.facebook.com/StartWellStockport>.

The timetable is attached with all the details of sessions.

If you would like to watch previous recorded sessions please visit

<https://www.startwellstockport.co.uk/videos/>

Should you have any families who may struggle to access these sessions and need some support please contact the Start Well Health Visiting & Early Years teams and support can be offered directly. Our advice line number is 0161 835 6789.

