Dear Families,

## Parenting Information/Support Sessions

Thank you for your responses to the questionnaire that we sent out last term regarding parent information/support sessions. We are delighted to announce we will be hosting two parenting sessions, delivered by Anne Cresswell. Anne is a Parenting and Child Specialist with years of knowledge, qualifications and experience behind her. We have had the pleasure of working with Anne over the last couple of years in supporting all of our children and families' individual needs.

The sessions we are providing in the first instance are:

Toileting: Tuesday 28th March, 3.45pm - 4.45pm.

Emotional regulation/Managing challenging behaviour: Thursday 20<sup>th</sup> April, 3.45pm - 4.45pm.

Both sessions will be held at Freshfield Nursery.

If you would like to attend any of the sessions, please complete the Parent Mail form as soon as possible so that we know how many people to accommodate.

Kind regards,

Kat Walsh and Jenny Martin (Co-Headteachers)